

# YOUR PCS BENEFIT WEEKLY UPDATE October 4, 2024

### **WELLNESS NEWS**

## **Employee Assistance Program – Resources to help with coping after hurricane Helene**

Disasters can affect everyone who lives through them. Even people who see a disaster only through the media can have emotional and stress reactions. When unexpected events happen, feeling stressed, anxious, or sad is understandable. It can help to remember: • It's normal to feel anxious about safety for yourself, your family, friends and even strangers. • Deep sadness, grief and anger are normal reactions. • Owning your feelings can help you recover. • Focusing on your strengths and abilities can help you heal. • It's healthy to accept help from community programs and resources. • Everyone has different ways of coping and meeting their needs

We thought you might find these resources helpful in light of the recent hurricane Helene. <u>This flyer</u> that contains two specific resources:

#### 1. Hurricane Helene resources

- This <u>link</u> provides valuable resources for all the states impacted by hurricane Helene
   FL, GA, AL, SC, NC, TN, and VA.
  - Phone numbers, websites, and active links

#### 2. After a Disaster Guidebook

- o This link provides a useful guidebook covering:
  - Disaster relief
  - Helping children cope
  - Returning home
  - Helping pets
  - Financial recovery
  - Replacing vital documents

We're here to help during and after a crisis. If you or someone you know is having difficulty coping with the storm in specific or life in general, remember, the EAP is available 24/7 at **800-848-9392** to assist you.

You can also visit <a href="http://www.resourcesforliving.com">http://www.resourcesforliving.com</a>, Username: pcsb Password: eap at any time to view previous articles, webinars, and videos.

### **BENEFIT NEWS**

#### **Educators Professional Liability Insurance for Instructional Personnel**

Pinellas County Schools' general liability insurance covers **all** employees from claims arising from alleged "wrongful acts" under certain terms and conditions. The State, through the Department of Education, also provides full-time instructional personnel with \$2 million of Educators Professional Liability Insurance. The district's coverage is the primary coverage and the state's coverage will apply if claims exceed PCS coverage limits. Employees do not have to enroll to be covered by the district's plan, and instructional staff do not have to enroll to be covered under the state's plan-these coverages are automatic. Additional information on this topic can be found on the <u>Pinellas County Schools' website</u>.

#### 2025 Annual Enrollment - Save the Date!

Mark your Calendars! Annual enrollment dates for 2025 benefits will be October 23, 2024 - November 4, 2024.

During this time, employees may enroll, change, or cancel their employee benefits for the coming year. The PCS 2025 Employee Benefits Annual Enrollment material will be mailed to your home prior to October 23<sup>rd</sup>.

If you have moved recently, please verify your address to make sure it has been updated. It is important to have your correct address on file for you to receive Annual Enrollment information and benefit plan ID cards, if applicable. PCS employees may update their address through the PCS Employee Self Service (ESS) website.

More information to come in the next few weeks.



#### **Attend a Live Zoom Benefits Education Meeting**

Make Your Reservation Today! Click on the link(s) below to Register for a Live Zoom Annual Enrollment Education Meeting

Wednesday, October 23<sup>rd</sup> at 11:30 AM - Register here Thursday, October 24<sup>th</sup> at 4:30 PM - Register here Monday, October 28<sup>th</sup> at 4:00 PM - Register here Thursday, October 30<sup>th</sup> at 5:00 PM - Register here



# Reminder! Are you a New Hire or Need to make Mid-Year Changes?

You don't need to wait until Annual Enrollment if you are due to enroll as a new hire or have a qualifying event that allows you to make a mid-year change.

If you have any questions about whether to submit paperwork now or wait until Annual Enrollment, please call the Risk Management Benefit Team to discuss your options. You do not want to miss the 31-day enrollment window.



### **EMPLOYEE DISCOUNT NEWS**

# Employee Discounts

Main employee discount page

## Concerts & Events Discounts

Concerts and other event discounts through Amalie Arena and Yuengling Center

#### **PerkSpot**

Travel, theme park tickets, entertainment & local offers

Company Code: PCSB

#### **Tickets at Work**

Special offers like discounts on theme park tickets & more!

Company Code: PCS

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